YOUR MENU THIS WEEK

WEEK COMMENCING
September 2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH MEAT	Mushroom & pesto wholemeal pizza (v)	Chicken & leek pie with gravy	Honey roasted glazed gammon	Pasta & bolognaise in tomato sauce	Sustainable battered fish of the day
MAIN DISH VEGETARIAN	Cauliflower, chickpea & Potato Curry	Mixed bean & lentil chilli (v)	Lentil, mushroom & pepper lasagne (v)	Black bean, vegetable & tofu cajun taco with pineapple salsa & so	Roasted pepper & cheese quesadilla, tomato salsa (v)
SIDES	Sweetcorn Roasted broccoli Wholegrain braised rice	Baked wedges Carrots Mixed salad	Skin on roast potatoes Peas Parsnips	New Potatoes Steamed Green beans Ratatouille vegetables	Chips Peas Baked beans
PUDDINGS	Yoghurt with watermelon & toppings 50%	Orange & kale cupcake	Vanilla rice pudding with raspberry jam	Pineapple upside down cake & custard 50% fruit	Carrot & raisin flapjack

AVAILABLE DAILY:
Handmade bread and fresh fruit

AVAILABLE WEEKLY:
Jacket potatoes and fillings, pasta bar, yoghurt and pantry

MENU IS SUBJECT TO CHANGE SHOULD INGREDIENTS BE UNAVAILABLE

GOOD FOR you

Love the food that loves you back♥