



# Manor House

FOREST SCHOOL

Accelerated learning in a natural environment

## Clothing Checklist

### Parent Information

In order for your child to fully participate in forest school, it is essential they have the necessary items of clothing available. So we kindly request you ensure the following are provided for your child's forest school sessions.

1. **One pair of wellington boots** (for wet weather) **or sturdy foot wear**
  2. **A pair of socks**
  3. **Sturdy trousers such as jeans etc.** (no shorts please)
  4. **A long sleeved t-shirt &/or jumper** (also important in the summer months as this protects against midges and mosquitos)
  5. **A long sleeved fleece/jacket**
  6. **A pair of gloves** (for winter months)
  7. **A woollen hat in autumn & winter**
- Sunhat and sun cream in spring & summer**

Even in the summer months, the weather can quickly turn cold, especially in the woodland, so it's important to make sure your child has layers. This also forms an important barrier to protect your child against brambles, nettle stings and mosquitos.

Thank you

*The Forest School Team*



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