Name: \_\_\_\_\_ Date:

Can you answer these questions about Sikhs?

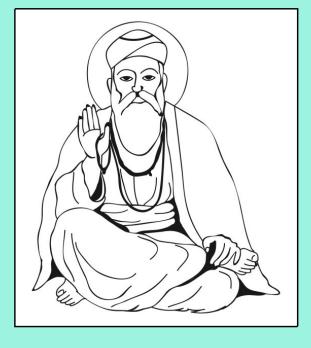


Who do Sikhs believe gave them their hair?

Why don't Sikhs cut their hair?

Why do Sikh men wear turbans?

What do Sikh women wear to keep their hair tidy?



Are Sikhs the only people that cover their hair?

Name:

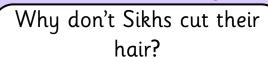
Date: \_

Can you answer these questions about Sikhs?



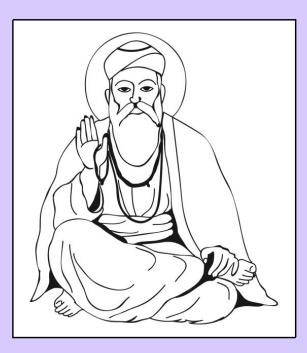
Who do Sikhs believe gave them their hair?

Why do Sikh men wear turbans?



What do Sikhs use to keep their hair tidy?

What do Sikh women wear to keep their hair tidy?



What does the kanga remind Sikhs about?

Are Sikhs the only people that cover their hair?

Name:

Date: \_\_\_

Can you answer these questions about Sikhs?



Why do Sikhs believe their hair should never be cut?

How do Sikh men and women keep their hair tidy?

What is a kanga and where do Sikhs keep it?

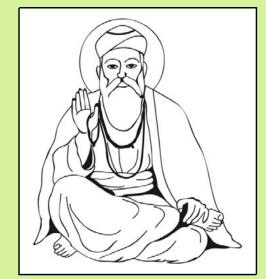
What does the kanga remind
Sikhs about?

What is a kara?

Where and when do Sikhs wear their kara?

What does the kara remind Sikhs about?

Are Sikhs the only people that cover their hair?



# Why do Sikhs cover their hair?

Sikhs believe their hair is a gift from God.



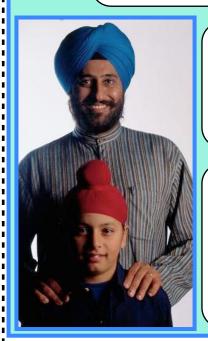
Sikhs believe not cutting their hair shows they welcome God into their lives.

Most Sikh men wear a turban to keep their hair tidy. Many Sikh women wear either a turban or a scarf.



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### Why do Sikhs carry a comb with them?

Sikhs wear a comb in their hair. The comb is called a kanga.

The comb reminds them to keep their hair and their life in order.





The comb takes the tangles out of their hair and reminds them that God takes the tangles out of their lives.

#### Sikhs and their hair

Sikhs believe their hair is a gift from God and by not cutting it, it shows they welcome God into their lives.

Sikhs' hair grows very long. To keep it tidy most Sikh men wear a turban. Many Sikh women wear either a turban or a scarf.



#### Sikhs and the kanga

Sikhs always wear a comb in their hair. It is normally tucked in near their hairband under their turban. This comb is called a kanga.

The comb reminds a Sikh of their to commitment to keep their hair and their life in order.

The comb takes the tangles out of their hair and reminds them that God takes the tangles out of their lives.



#### Sikhs and the kara

The kara is a metal bracelet that Sikhs wear all the time. When they look at the kara, it reminds them of God.



Sikhs believe there is only one God and that he has no beginning and no ending. The kara reminds them of this.



Sikhs think about God when they look at their kara so it reminds them to be good and to do the right thing.

Name: Date:

Can you answer these questions about Sikhs?

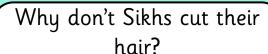


Who do Sikhs believe gave them their hair?

God

Why do Sikh men wear turbans?

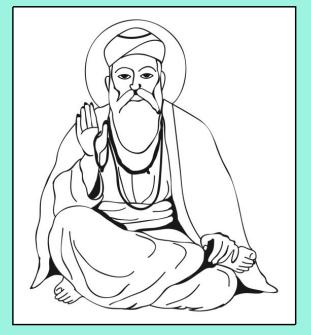
To keep their hair tidy.



They believe not cutting their hair shows they welcome God into their lives

What do Sikh women wear to keep their hair tidy?

Either a turban or a scarf.



Are Sikhs the only people that cover their hair?

No. Muslim women also cover their hair.

Name: Date:

Can you answer these questions about Sikhs?



Who do Sikhs believe gave them their hair?

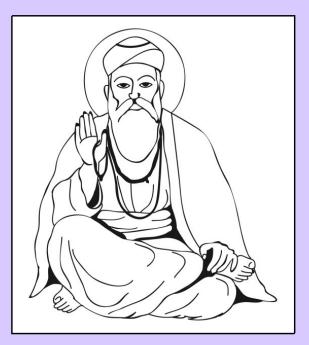
God

Why do Sikh men wear turbans?

To keep their hair tidy.

What do Sikhs use to keep their hair tidy?

A comb called a kanga.



Why don't Sikhs cut their hair? They believe having long hair shows they welcome God into their lives.

What do Sikh women wear to keep their hair tidy?

Either a turban or a scarf.

What does the kanga remind Sikhs about?

It reminds them to keep their hair and their life in order.

Are Sikhs the only people that cover their hair? No. Muslim women also cover their hair.

Name: Date:

Can you answer these questions about Sikhs?



Why do Sikhs believe their hair should never be cut? They believe having long hair shows they welcome God into their lives.

What is a kanga and where do Sikhs keep it? It is a comb. They tuck it in their headband under their turban.

What is a kara?

It is a metal bracelet.

What does the kara remind Sikhs about?

It reminds them about God.

Are Sikhs the only people that cover their hair?

No. Muslim women also cover their hair.

How do Sikh men and women keep their hair tidy?

They wear it in a turban or a scarf.

What does the kanga remind Sikhs about?

It reminds them to keep their hair and their life in order.

Where and when do Sikhs wear their kara?

They wear it on their wrist all of the time.

