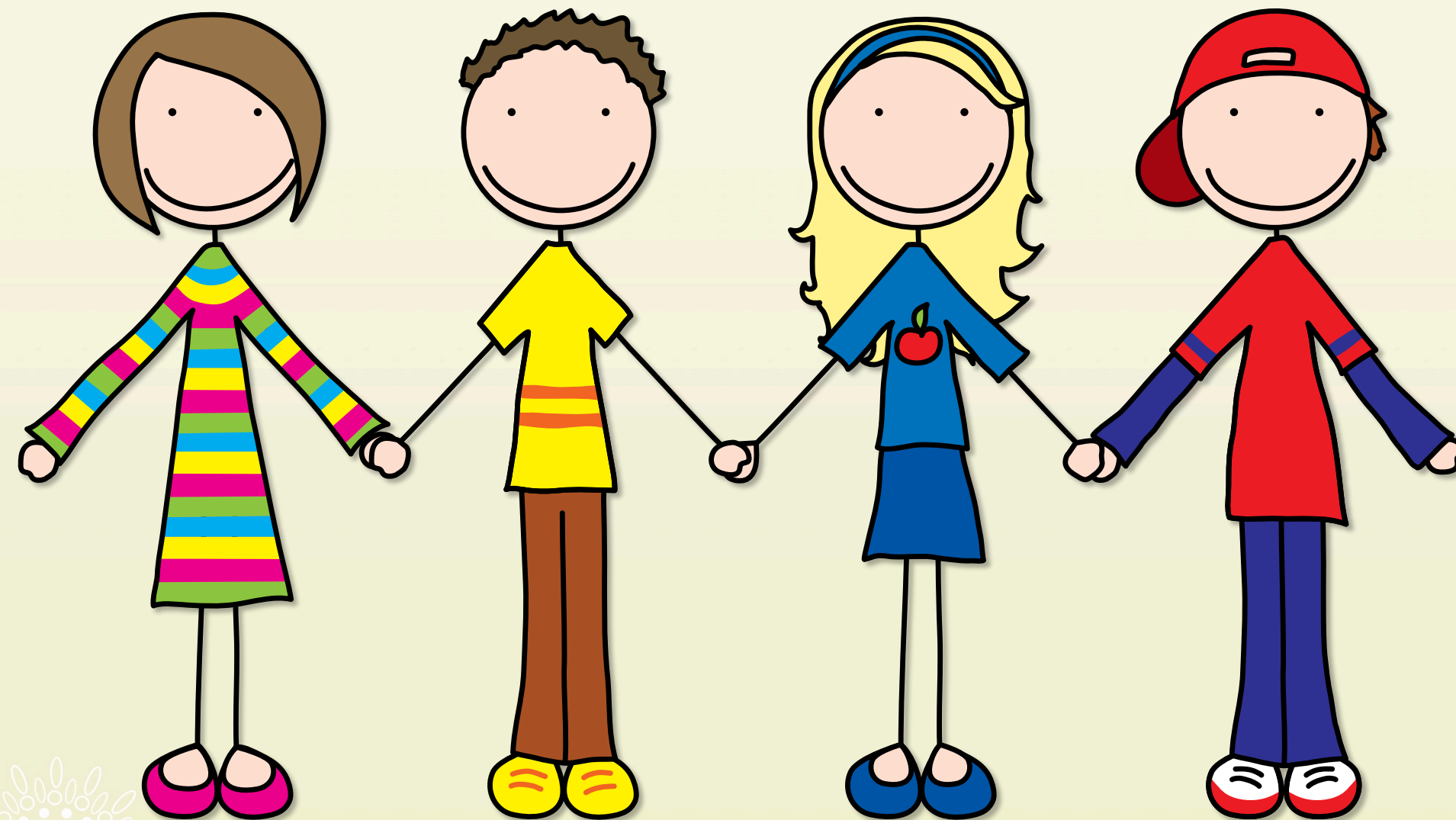


Belief In Our Community

Learning Objective:

To find out about the impact faith and beliefs have had on the lives of inspirational figures.



Mo ran his first ever marathon in London in 2014. He finished eighth, and broke the English record with a time of 2 hours, 8 minutes and 21 seconds!



Erik van Leeuwen [GFDL (<http://www.gnu.org/copyleft/fdl.html>)], via Wikimedia Commons

Mo holds the indoor world record over 3,200m with a time of 8 minutes and 3.4 seconds!

This is Mo Farah.

He is the most successful British long-distance runner of all time, having won more races over 2,000-10,000m than any other British athlete. In 2015, he was the reigning Olympic, European and World Champion in the 5,000m and 10,000m.

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Mo was born in Somalia on the 23rd March 1983.

He moved with his parents to West London when he was eight years old. At school, Mo wasn't interested in athletics. He wanted to be a mechanic. His P.E. teacher saw how fast he was and encouraged him to train for long-distance and cross-country running.



By Darren Wilkinson from Chester-le-Street, England (Mens 10k medal ceremony). Uploaded by Kafuffle [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons

Mo won the gold medal for the 10,000m at the London 2012 Olympic Games. He celebrated by doing the 'Mobot'!



By The Rambling Man and Kim Ratcliffe of Think Equestrian (Own work) [CC BY-SA 3.0 (<http://creativecommons.org/licenses/by-sa/3.0/>) or GFDL (<http://www.gnu.org/copyleft/fdl.html>)], via Wikimedia Commons

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Mo is a Muslim.

His religion is very important for him, and helps him as an athlete.

Faith, for me, is a big part [of it].
I try and pray five times a day.



Shortly before the 2012 Olympic Games, Mo said "As an athlete... you have to have something you believe in... it's important to have faith."

When he won the 10,000m, he bowed down on the track to give thanks to God for his victory.

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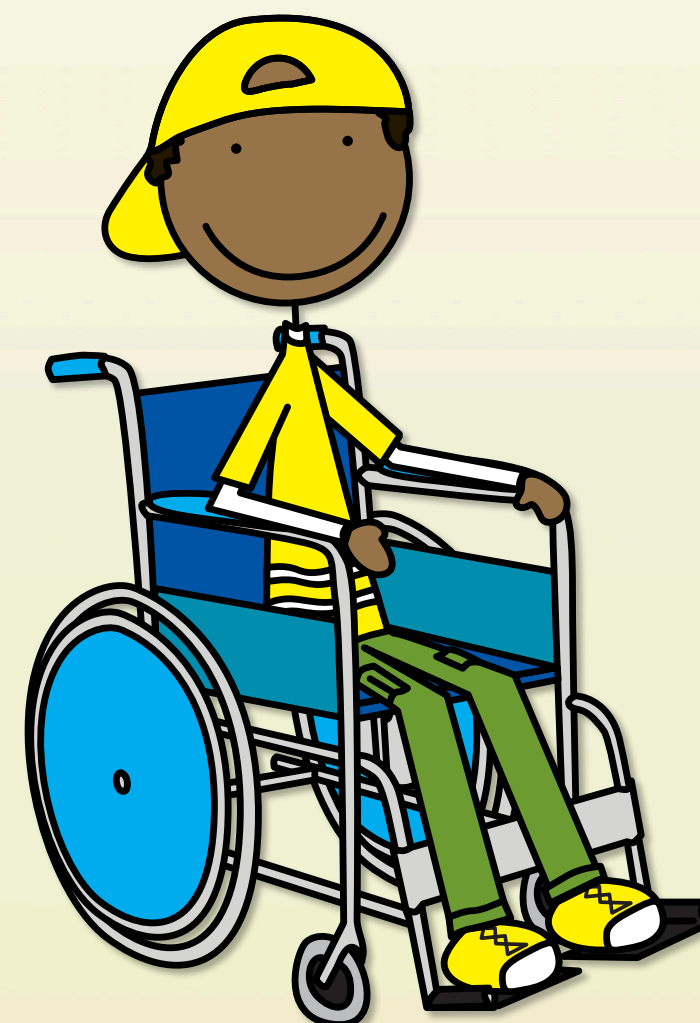
By Citizen59 [CC BY-SA 3.0 (<http://creativecommons.org/licenses/by-sa/3.0/>)], via Wikimedia Commons

Can you think of some reasons for Mo Farah's incredible successes?

How has Mo's faith helped him?

What does he say about his faith?

Work hard and train hard... nothing gets given to you, so earn it.



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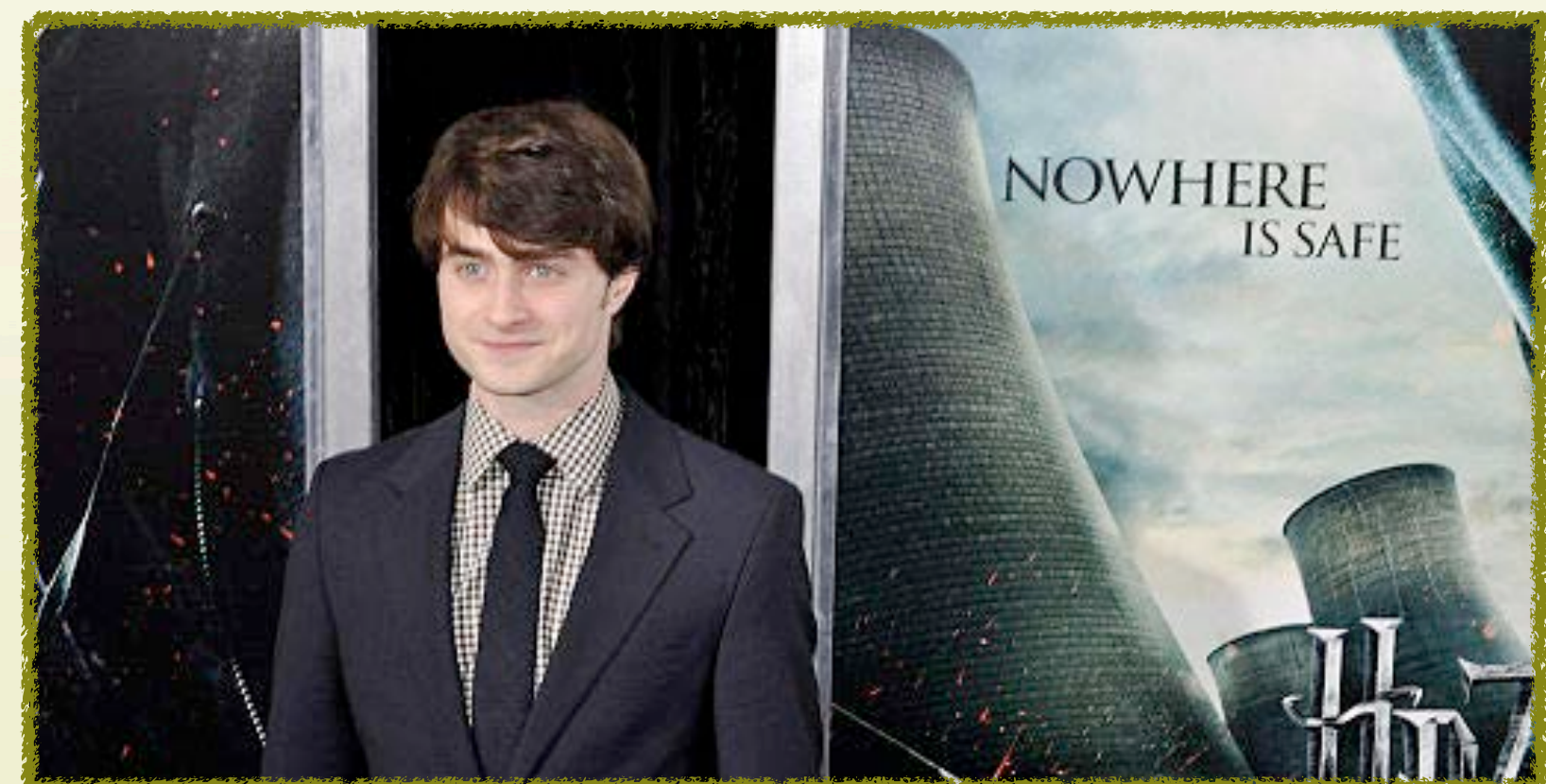
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This is Daniel Radcliffe.

Daniel is an actor. You have probably seen some of his films! He has played Harry Potter in eight films. He was 11 when the first film was made, and 21 by the time the last film was finished!

While working on set, Daniel had to have lessons, do homework and study for exams, just like you do! What a lot of work!



By Joella Marano from Manhattan, NY (Daniel Radcliffe) [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons



Daniel has dyspraxia.

This means that he finds it difficult to remember things. He finds writing and other things involving small movements difficult. He has poor balance and coordination, which means he has difficulty with controlling his movements and can be clumsy.

Can you imagine how hard it must be for Daniel to remember his lines?



By Ilona Higgins (Flickr: Colour version) [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons

This is Daniel with Emma Watson and Rupert Grint at the premiere of *Harry Potter & The Deathly Hallows Part 2*.

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Daniel is an atheist.

His mother is Jewish and his father is Christian. An atheist is someone who is not a member of any religion, and does not believe in any gods.



By Gage Skidmore from Peoria, AZ, United States of America (Daniel Radcliffe) [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons

When talking about other young people who are atheists, Daniel said:

I have a lot of faith in my generation. I have to. We have to develop our own moral system.

What do you think he meant?

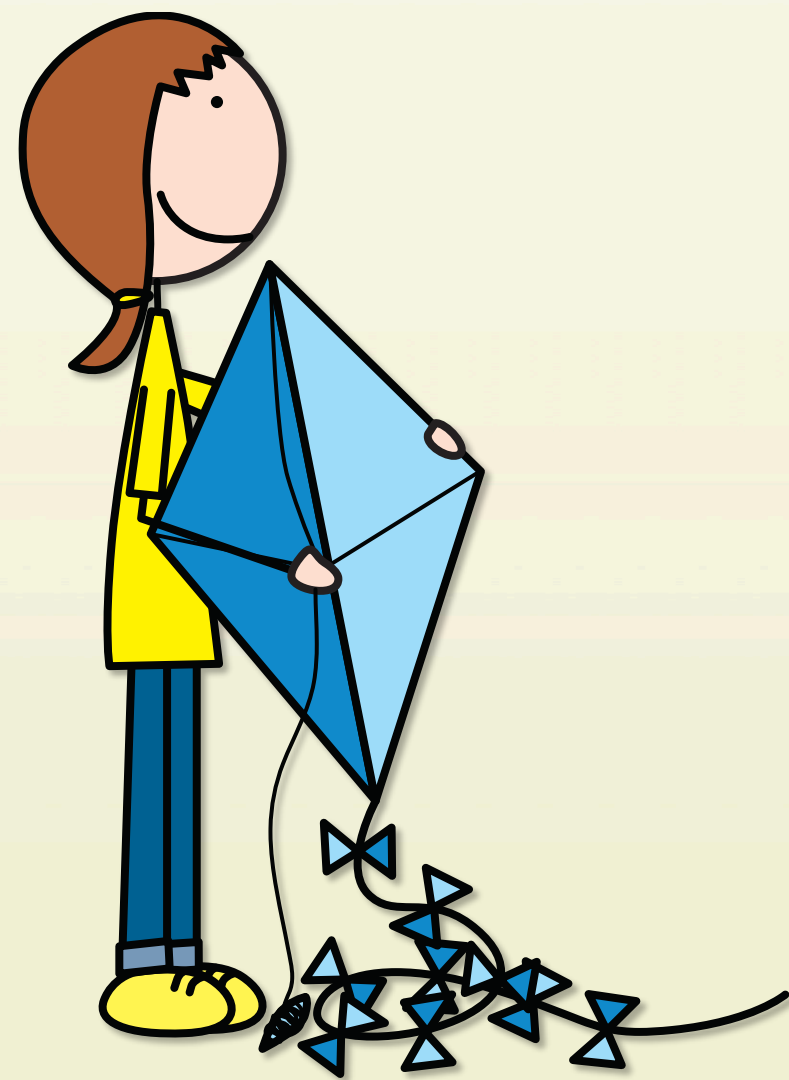
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What do you think Daniel had to do to become a successful actor?



What might atheists like Daniel say are the things that have helped them in their lives?



By Joella Marano (Daniel Radcliffe) [CC BY-SA 2.0 (<http://creativecommons.org/licenses/by-sa/2.0/>)], via Wikimedia Commons

I'm an atheist, but I'm very relaxed about it. I don't preach my atheism.



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Mo and Daniel do work and raise money for charities.

Daniel works for a charity which



Joella Marano [CC BY 2.0 (<http://creativecommons.org/licenses/by/2.0/>)], via Wikimedia Commons

helps teenagers who have been bullied for being homosexual. Mo set up the Mo Farah Foundation, which raises money for clinics, doctors, nurses and medicine in Somalia.

Charity is very important for Muslims.

[2:274] Those who give to charity night and day, secretly and publicly, receive their recompense from their Lord; they will have nothing to fear, nor will they grieve.

The holy Quran

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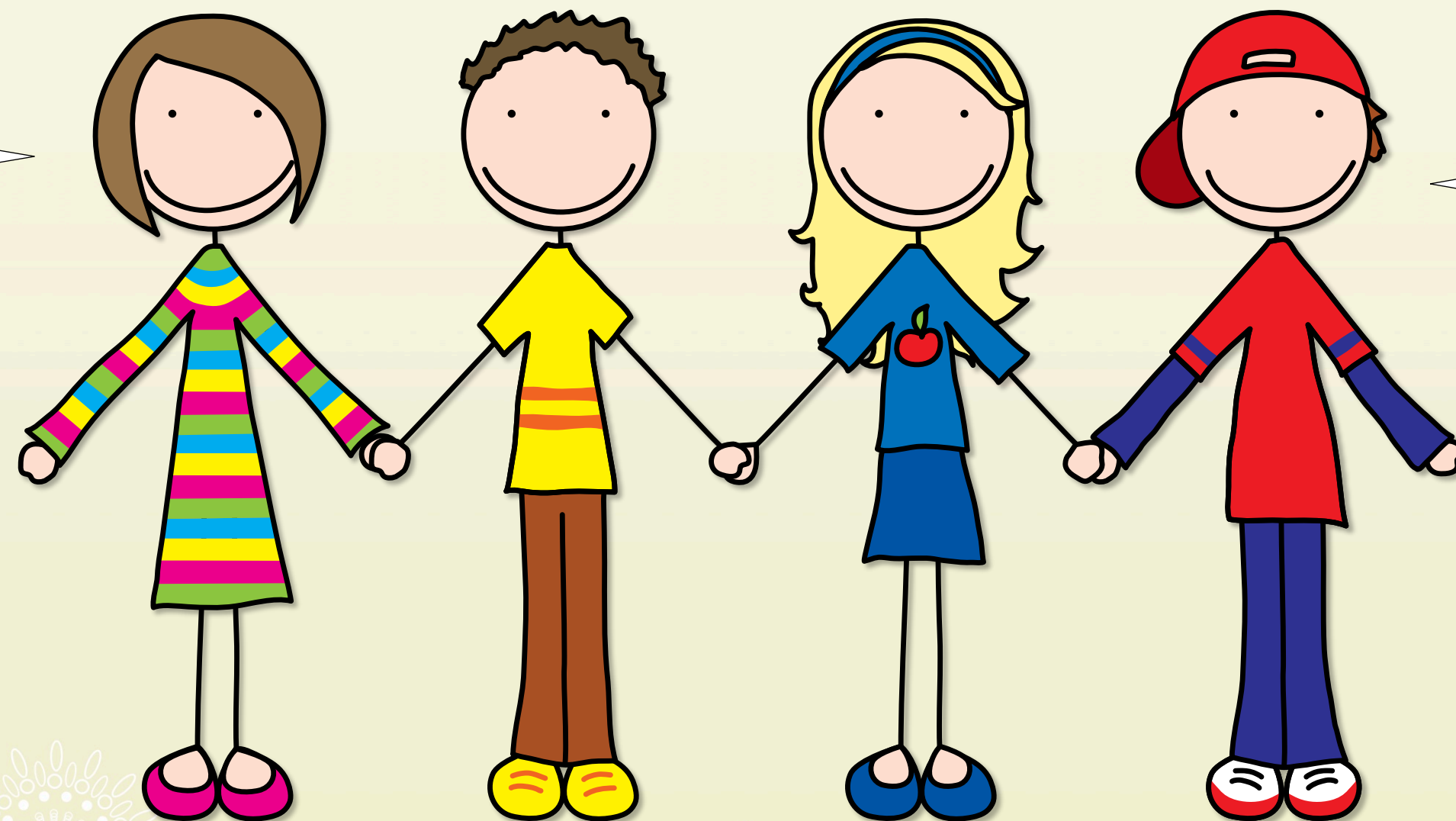
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If Mo Farah was not a Muslim, do you think he would still give to charity?

Why do you think Daniel Radcliffe gives to charity? He doesn't have a religion that says he should!

What does the Quran, the Muslim holy book, say about charity?

Discuss your ideas.



Today we will be finding out more about the beliefs of other inspirational figures, and how those beliefs impact on their lives.



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This is Aung San Suu Kyi.



She is a Buddhist, and a politician who leads her followers in peaceful protests, campaigning for greater freedom and human rights in Burma. The Burmese government held her under house arrest for nearly 15 years because of her beliefs.

What
do you think
about this?

