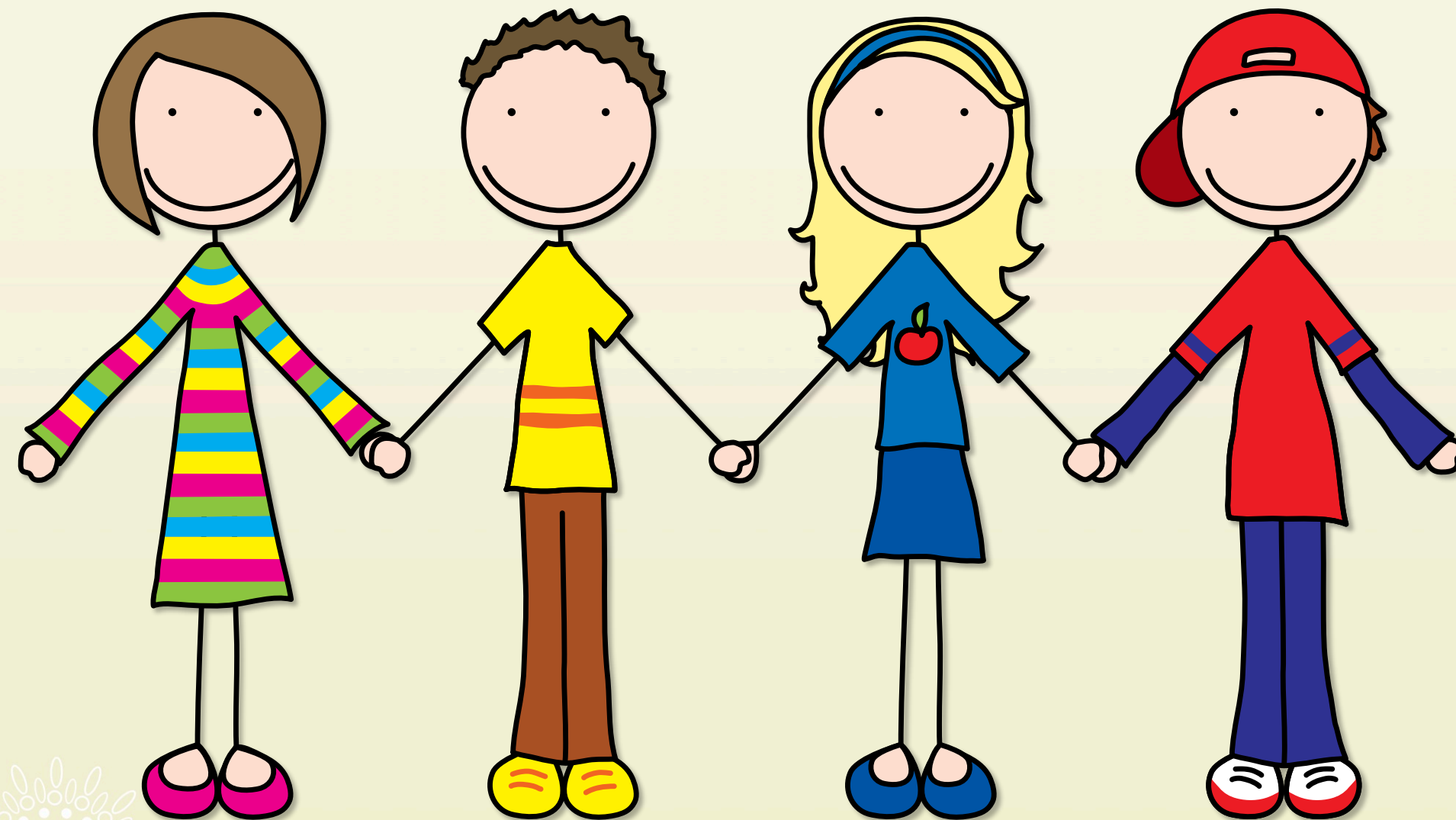


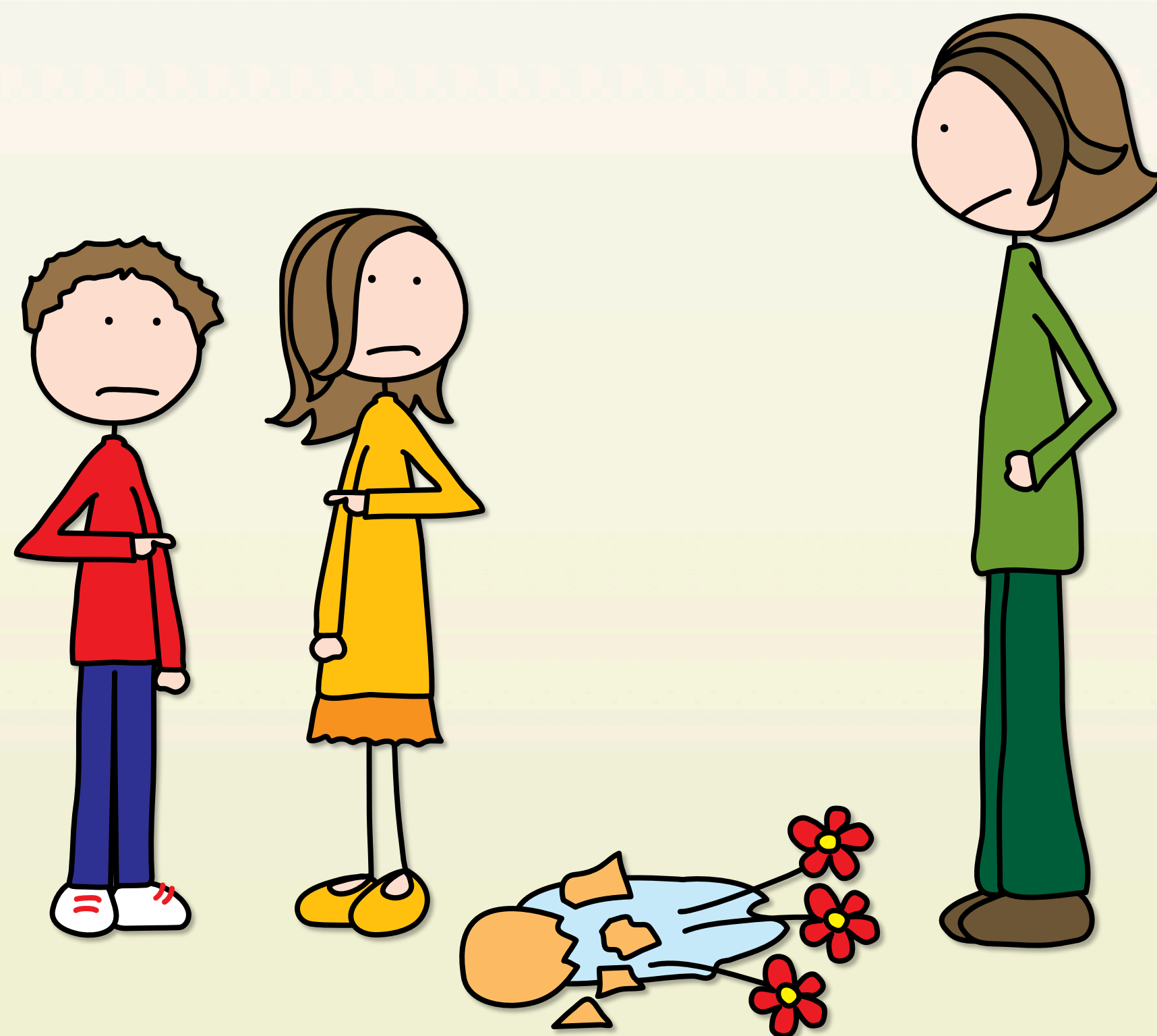
Belief In Our Community

Learning Objective:

To think about what makes it difficult to live life according to our own beliefs.



Can you think of a time when you did something that you knew was wrong? Why did you do it?



BACK

NEXT

Have you ever done anything like these things? Did you feel like these children?

I threw stones at a window. My friends dared me to do it, and I thought I could get away with it.

I took my sister's chocolate once, just because I really wanted it.

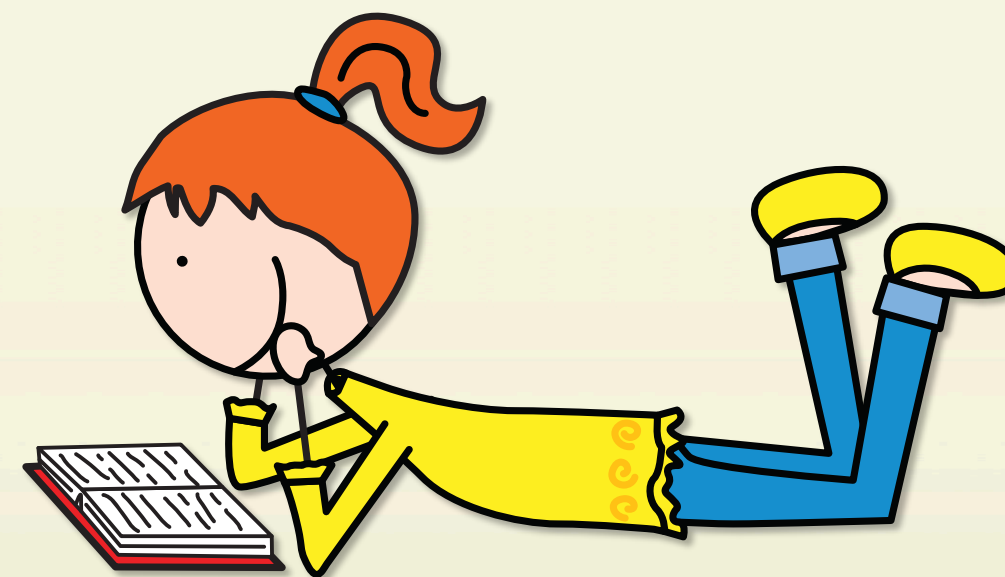
If my brother's annoying me, I sometimes hit him when Mum and Dad aren't looking.

BACK

NEXT

Is it always
easy to do the
right thing?

What can make
it difficult?



Discuss your ideas.

BACK

NEXT

These are religious beliefs.

Some of them are shared by more than one religion.

Praying at regular times during the day.

Not eating certain foods.

Dressing modestly, covering the body.

Not cursing, swearing or saying bad things about God.

Only eating animals that are slaughtered in a certain way.

Not working on holy days.

Why might it be difficult for young people to live according to these beliefs?



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Why might it be difficult for young people to live according to these beliefs?



Did you think of these ideas?

Do you agree with them?

Pressure from friends to do something or try something.

Wanting to 'fit in', and look the same as others.

Wanting to take part in other activities or do things when it is time to rest or pray.

It can be difficult to find places that do the food you are allowed.

Wanting to wear clothes which are fashionable, or do not cover arms or legs.

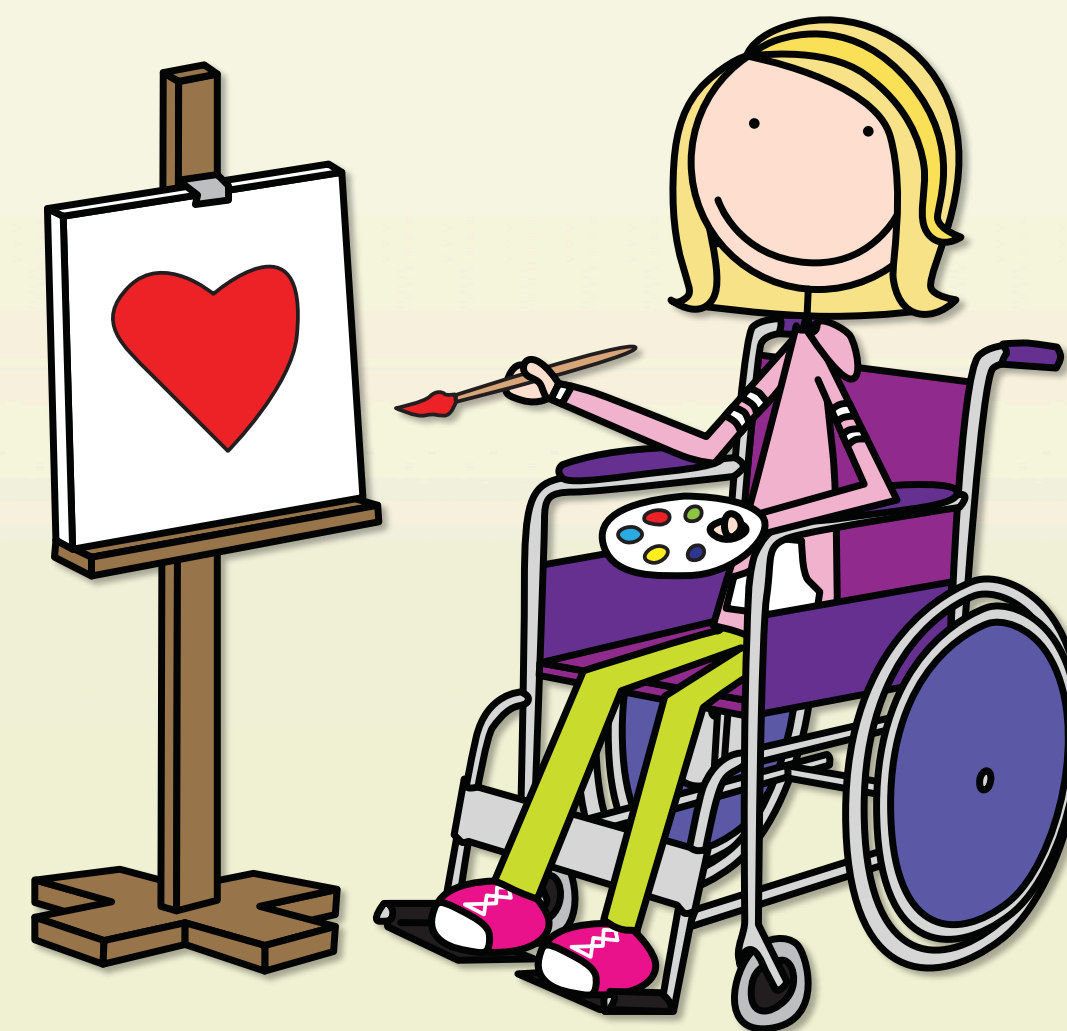
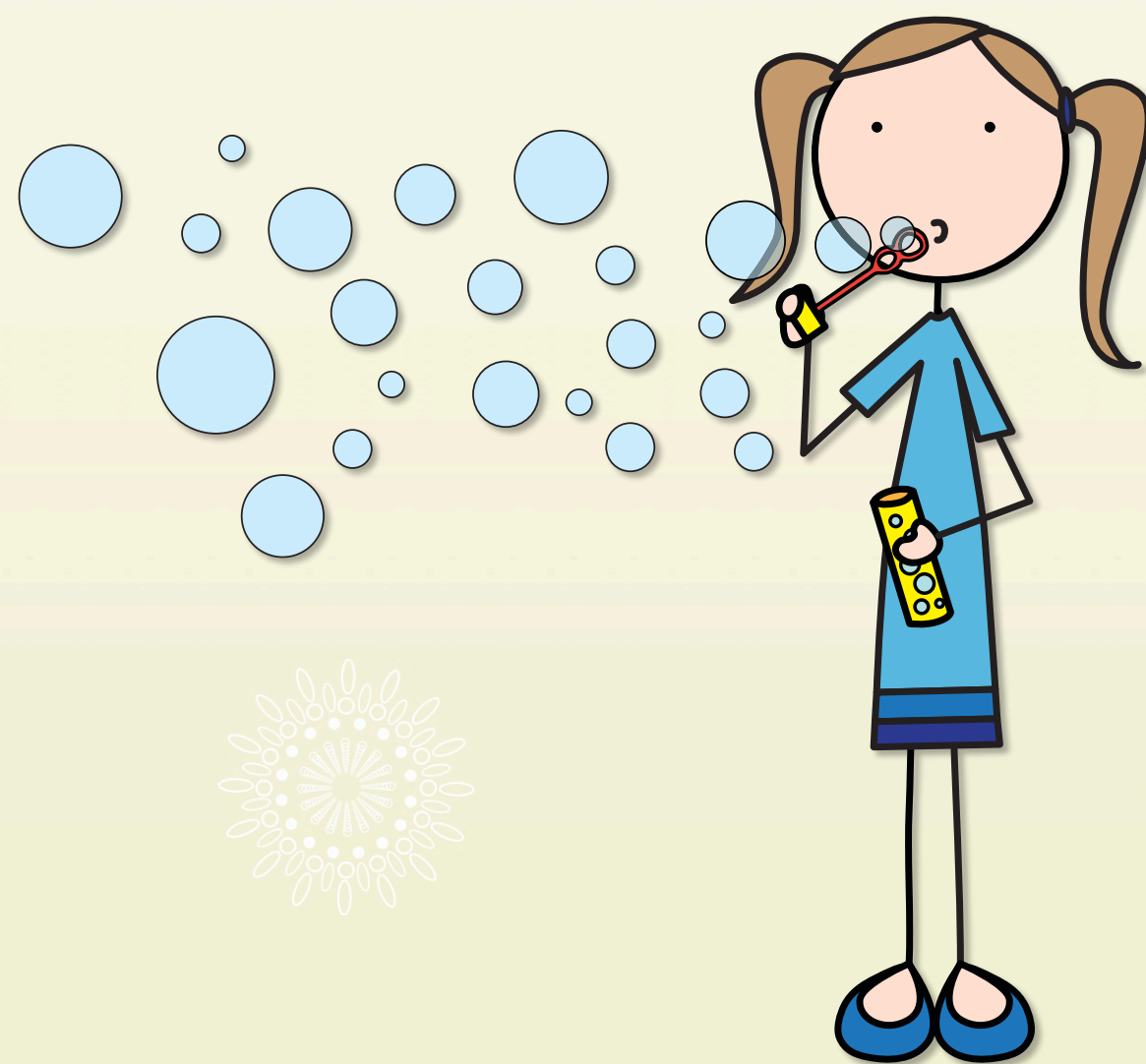
Seeing friends doing things you are not allowed to do.

BACK

NEXT

How might young
people deal with
these pressures?

What advice would
you give?



BACK

NEXT



Did you think of these?

Do you agree? Would this advice be helpful/appropriate in every situation?



Ask a family member for advice.

Think about what you have learned from your religion.

Remember the reasons why your religion is important to you.

Tell an adult you trust about your problem.

Avoid getting into situations you are uncomfortable with.

Find friends with similar beliefs and interests.



BACK



NEXT

Today we will be thinking about our own religious or personal, non-religious beliefs and how we can live our lives accordingly.



BACK

NEXT

PLENARY

Can you think of a time when you were proud to have done the right thing?



How did your beliefs influence your actions?



BACK