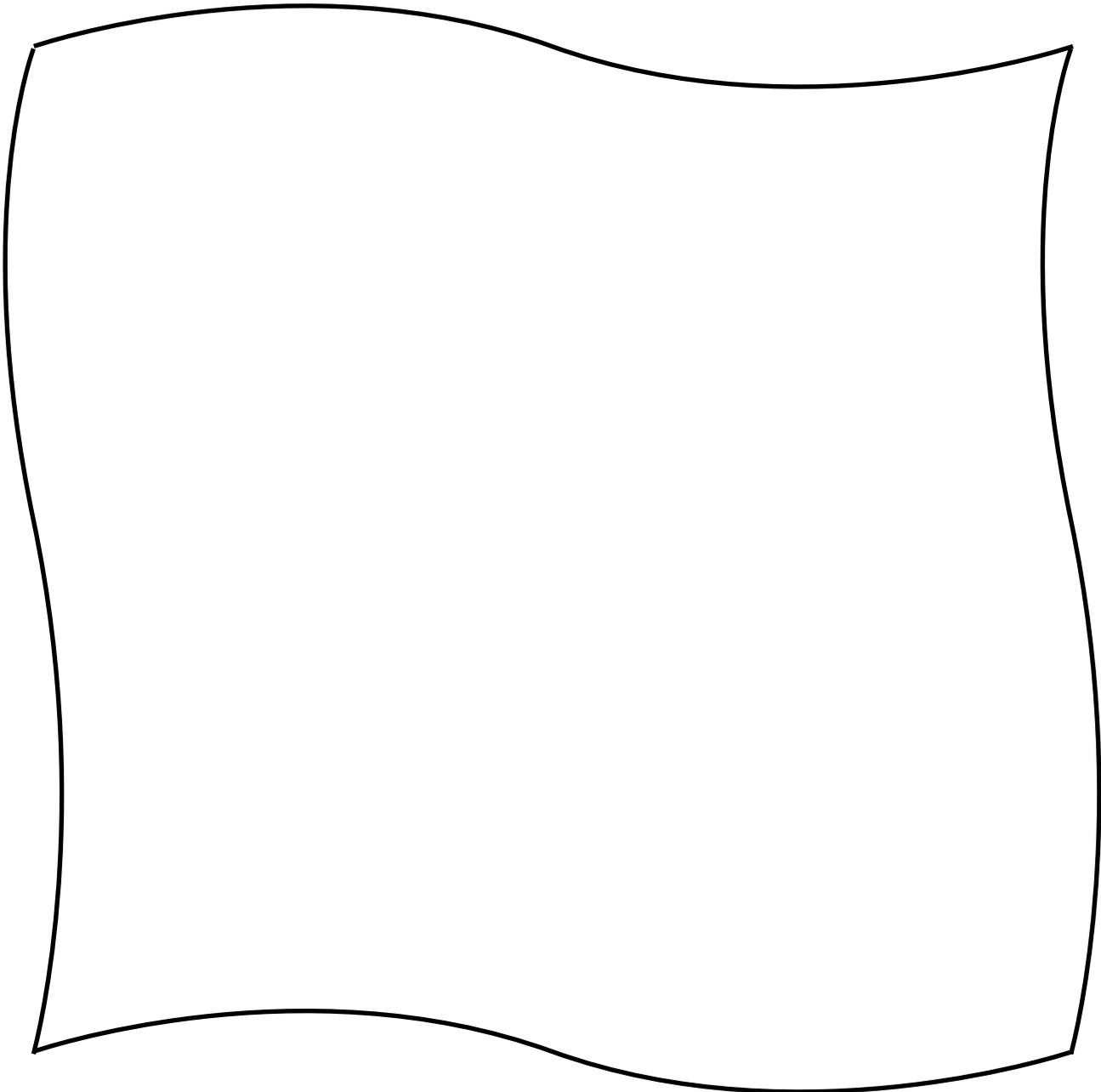


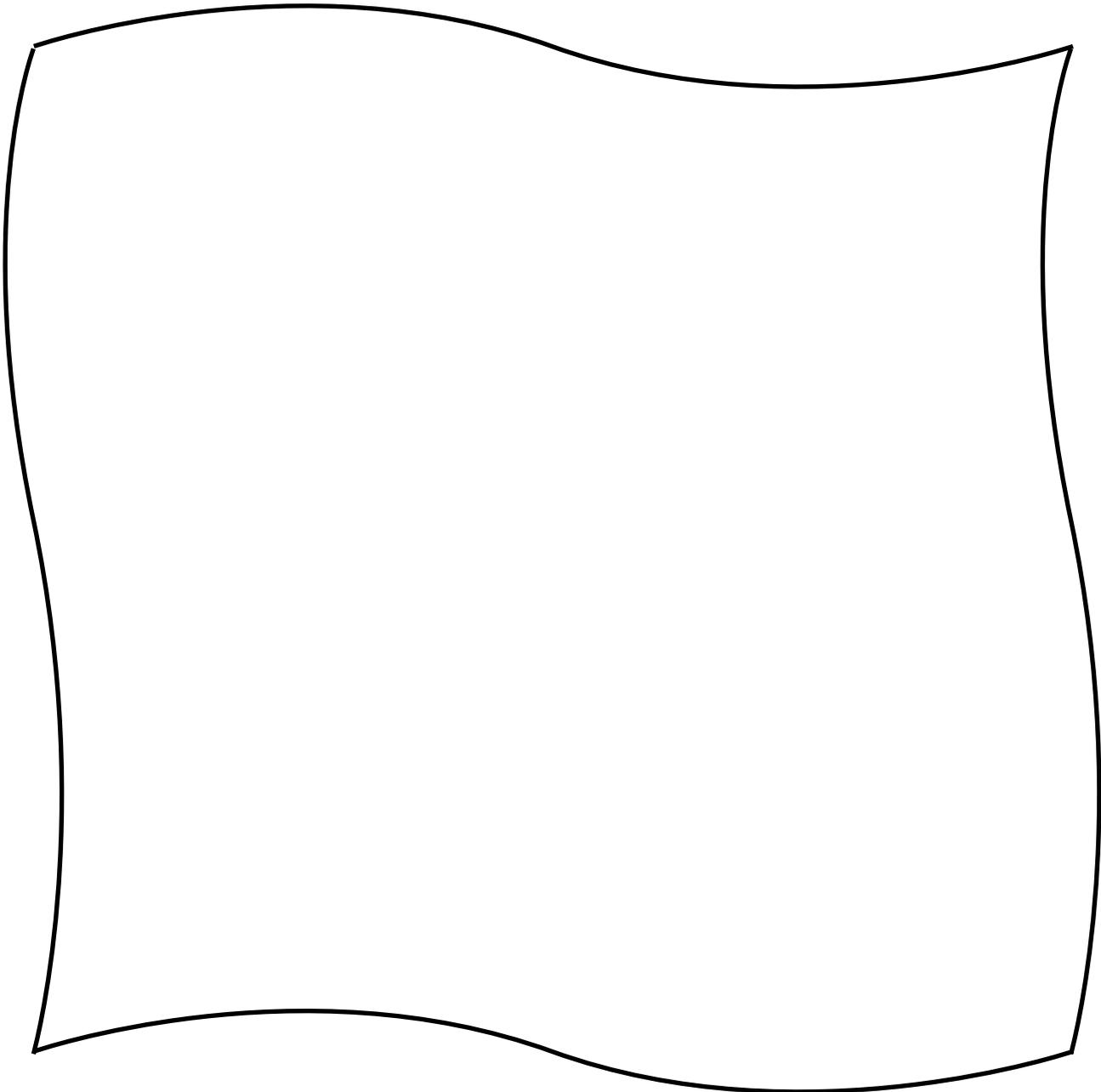
**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

On the patch below, draw a self-portrait. You should also include the emblem of a club, group or society which you are proud to be a member of. It could be religious or non-religious. Finally, add words which describe how being a part of that community makes you feel.



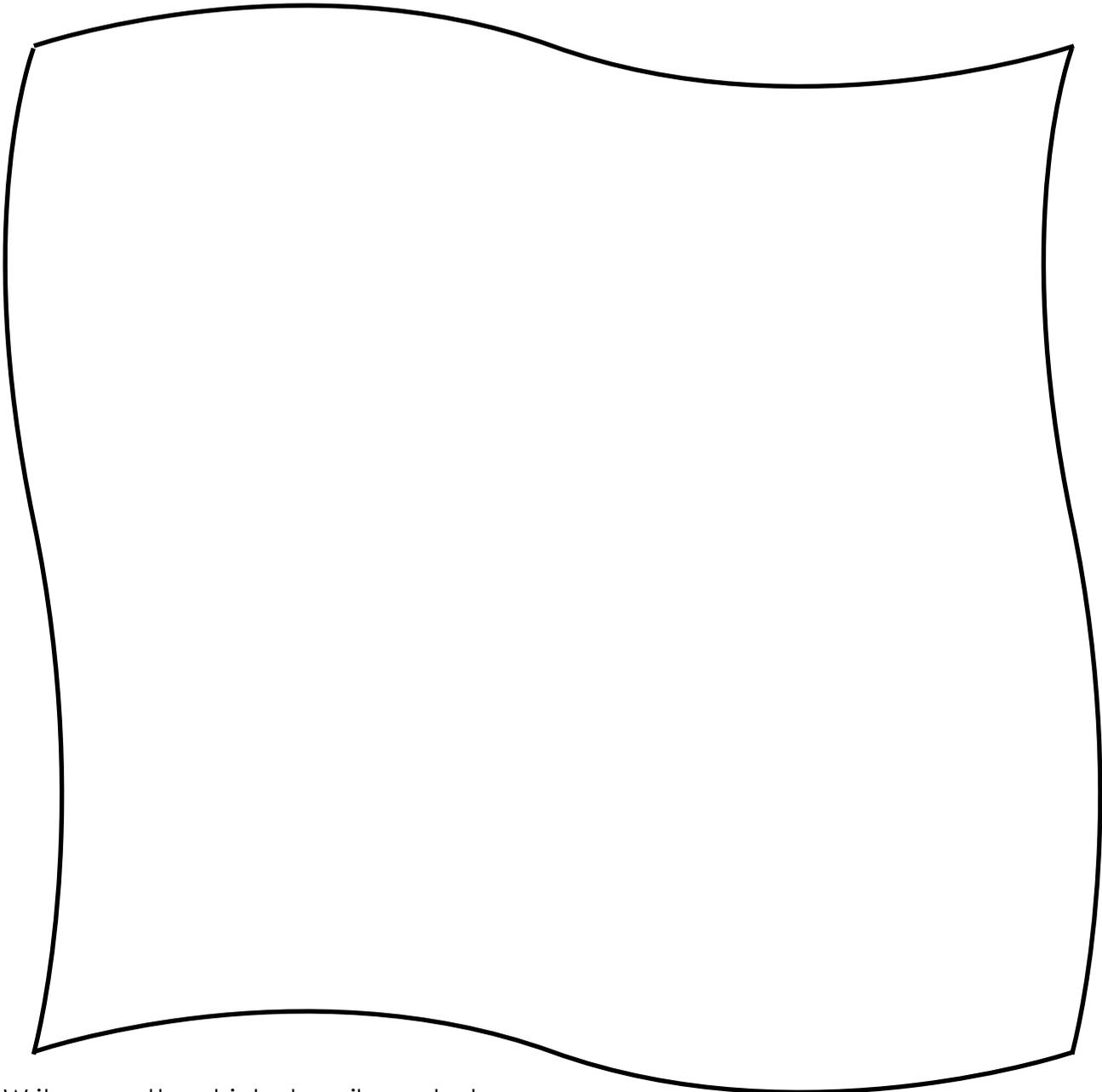
**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

On the patch below, draw a self-portrait. You should also include the names and emblems of up to three clubs, groups or societies which you are proud to be a member of. They could be religious or non-religious. Finally, add words which describe how being a part of that community makes you feel.



**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

On the patch below, draw a self-portrait. You should also include the names and emblems of up to three clubs, groups or societies which you are proud to be a member of. They could be religious or non-religious. Finally, add words which describe how being a part of that community makes you feel.



Write a motto which describes what you consider to be your most important belief:

**I am Hindu. In my family, being vegetarian is a very important part of our religious beliefs. None of my friends at school are vegetarian. It can be a bit difficult when we go out for meals, or when I go round to friend's houses.**

Why might being vegetarian be difficult for this person?

Might they experience pressure not to be vegetarian?

What might help this person?

**During Ramadan, I fast during the day and go to my mosque after school. I like playing football, and I want to spend more time with my friends.**

What difficulties is this person experiencing?

How do you think they feel?

What might help this person?

**Some of my friends swear a lot. I like them, but I feel uncomfortable when they swear, because I've been raised to believe that it's sinful to curse.**

What might this person be worried about?

Might they feel under pressure to behave a certain way?

What might help this person?

**I am Jewish. One of my best friends, who is not Jewish, has invited me to his birthday party. It's on Friday night, which is Shabbat - an important day of rest for Jewish people.**

What difficulties is this person experiencing?

How do you think they feel?

What might help this person?

**Some of the things we are taught in school are different to the things my religion says. For example, in Science we are taught about evolution and how the world has come to be.**

What difficulties is this person experiencing?

How do you think they feel?

What might help this person?

**In my family, girls dress modestly - we wear clothes which cover our arms and legs. Outside of school, lots of girls in my class dress differently to me.**

What difficulties is this person experiencing?

How do you think they feel?

What might help this person?