

# ZOOM. YOGA

YOU'RE INVITED FOR ONLINE KIDS YOGA  
STARTING WEEK COMMENCING  
30/03/20

## TUESDAYS 2PM

YOGA & MINDFULNESS 4-7 YEARS £3.00 PER CLASS,  
FREE TO EXISTING MEMBERS

## WEDNESDAYS 2PM

YOGA STORY TIME, FREE FOR EVERYONE

## THURSDAYS 2PM

YOGA & MINDFULNESS 8-12 YEARS £3.00 PER CLASS,  
FREE TO EXISTING MEMBERS

CONTACT US NOW TO BOOK YOUR  
CHILDS PLACE  
[WWW.NYLA-YOGA.CO.UK](http://WWW.NYLA-YOGA.CO.UK)

