

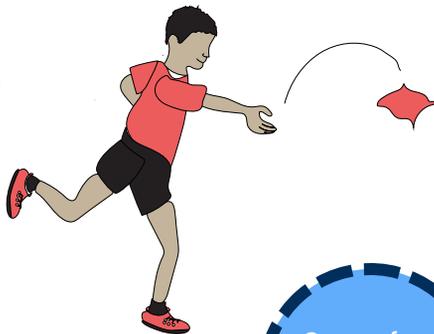
# Target Treasure: Level 2

## Home Physical Education

Can you think tactically and decide which targets to aim for and why?

### How to play:

- Place a selection of targets 5 large steps away from your starting line.
- Decide how many points each piece of treasure is worth E.g. Toys = 1 point and shoes = 2 points.
- Players take turns to throw an object towards the treasure targets from behind the starting line.
- The winner is the player to score the most points when all of the treasure is gone.



Can you focus on the target to help you be accurate?

### Top Tips

#### Throwing Underarm

Step forwards with one foot, releasing the object from low to high using your opposite hand.

### Let's Reflect

What was the difference between your throws that were accurate and your throws that missed?

Did you use the correct throwing technique?