

Heading

Pet Care Guide

How to look after your hamster



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Subheading

Hamsters make excellent pets.

However, to keep your hamster happy and healthy you need to make sure they are properly cared for. This guide will tell you how to look after your hamster.

Nutrition

Hamsters like to eat nuts, grains and seeds so you can provide them with a specially prepared hamster food mix which you can get from most good pet shops.

Hamsters also like to have some fresh fruit and vegetables a part of their healthy balanced diet. This could include apples, leafy greens and root vegetables.

However, please don't feed your hamster grapes or rhubarb as these are poisonous for hamsters!

Always make sure your hamster has fresh water to drink. Do not give your hamster sugary foods!

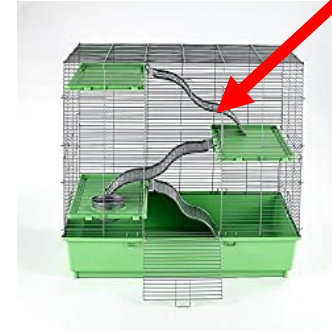


Environment

A hamster's home environment is also important to make sure it is calm and happy. If you keep your hamster in a home that causes it stress or doesn't meet their needs it could lead to behavioural and physical problems.

Your hamster needs a good quality cage that is big enough for it to exercise and make a nest. Hamsters particularly like to have a cage with different levels.

pictures



This is a good example of a hamster cage with different levels.

Hamsters love to nest so make sure you provide plenty of nesting material for it to burrow down in such as paper or wood shavings.



Exercise

Hamsters love to play! Provide them with toys and stimulation such as a hamster wheel or ball in their cage and include interesting objects for them to explore like a tubes or wooden shapes. Let them enjoy investigating crawling on your hands or you could set them challenges to keep them entertained!

